



Advanced Junior Easter Camp 2015

Course Information

This camp is aimed at the junior paddler who is looking to take the next step forward in their kayaking journey. By the end of this excellent course, the paddler will have the 'building blocks' of skills and knowledge to operate as an effective member of a group in the white water environment. Safety, self-reliance and paddle skills form the core aspects of this course that has been tailor designed to improve upon the junior paddlers already developed skills.

The course will run over the Easter mid-term on 31st March & 1st April, 8th and 9th April.

This is a 4 day course of between 5-7 hours training during the two week mid-term.

Advanced camp will be run by qualified Canoeing Ireland Instructors.

Course Requirements

- The course is for juniors who hold a level 2 skills certificate and have some understanding of level 3 kayak skills.
- Must be at least ten years of age

Course Content

The camp will concentrate on;

- Level 3 skills training and assessment
- First Aid Training scenarios
- Aspects of the River Safety and Rescue 1&2 syllabus
- Full day river trip outside Dublin
- Tailored paddle stroke clinics

Certificate Awards

- River Safety & Rescue 1
- Level 3 Kayak Skills **(For those who are ready)**

Canoeing Ireland, Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15

For further queries Email: Paddlesessions@canoe.ie Contact: Daniel at 0857200198



Time/Date Schedule

Week	Date	Time	Details
1	31 st March	10am – 4pm	Level 3 Skills and first aid
2	1 st April	10am – 4pm	Full day River Trip
3	8 th April	10am – 4pm	River Safety and Rescue 1
4	9 th April	10am – 4pm	River Trip/Level 3 skills assessment

Course Price: 130 Euro

How to Book: [Download an Application Form here](#)

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Email form to Paddlesessions@canoe.ie

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