



Advanced Junior Young Captains Summer Camp 2016

Course Information

This camp is aimed at the junior paddler who is looking to take the next step forward in their kayaking journey. By the end of this excellent course, the paddler will have the 'building blocks' of skills and knowledge to operate as an effective member of a group in the white water environment. Safety, self-reliance and paddle skills form the core aspects of this course that has been tailor designed to improve upon the junior paddlers already developed skills. There will be a level 3 skills assessment at the end of the week for those who feel ready and are over 12 years of age. Advanced camp will be run by qualified Canoeing Ireland Instructors

Week	Starting	Finish	Month	Group	Time
1	18 th	22 nd	July	Advance Camp	10.00 – 16:00
1	8 th	12 th	August	Advance Camp	10:00 – 16:00

Course Requirements

- The course is for juniors who hold a level 2 skills certificate and have some understanding of level 3 kayak skills.
- Must be at least ten years of age

The camp will concentrate on:

Level 3 skills Rolling Practice

River Safety and Rescue 1 Full day river trip (Level 3 skills assessment

Tailored paddle stroke

Course Price: 150 Euro

How to Book: [Download an Application Form here](#)

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Email form to Paddlesessions@canoe.ie

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