**Certification Pathway/Assessment Guidelines**

***Level 1 Canoe Instructorship Award***

**Applying to attend an Assessment.**

Prior to applying to attend a Level 1 Canoe Instructor Assessment, a candidate must:

1. Have maintained your [member](https://www.google.com/url?q=http://canoe.ie/membership/&sa=D&source=editors&ust=1613493516590000&usg=AOvVaw0Hsc_FoutQ55g9prBQtOqi) registration as a Level I Canoe Instructor Trainee.
2. Hold the Level 3 Canoe Skills Award.
3. Be at least 16 years of age.
4. Have unrestricted access to a fully equipped canoe, personal equipment, and additional equipment as listed for a Level 1 Canoe Instructor Assessment.
5. Have attended an approved Canoe Level 1 Instructor Training Course or Programme within the 24 months preceding a selected assessment date (extensions to the training period can be applied for).
6. Completed an approved First Aid training Course (REC 2 or equivalent).
7. Attended a Sport Ireland approved Child Protection Awareness Workshop.
8. Completed your [Garda vetting](https://www.google.com/url?q=http://canoe.ie/garda-vetting/&sa=D&source=editors&ust=1613651510984000&usg=AOvVaw2K-Xk3dYVp3T8aT4DyveMJ) process.
9. Be a member of Canoeing Ireland.
10. Be recommended for assessment by a registered Canoeing Ireland Level 3 Instructor.
11. Submit a completed Level 1 Canoe Instructor Logbook accompanied by a Level 1 Canoe Instructor Assessment application to a registered Canoeing Ireland Instructor Assessor at least 2 weeks prior to a selected assessment date.

**Other logbook requirements:**

1. At least 30 hours of on the water instructional experience under the supervision of at least two currently registered Level 2 Canoeing Ireland Instructors or higher.

**Format of a Level 1 Canoe Instructor Assessment**

1. During a Level 1 Canoe Instructor Assessment, candidates must satisfy an assessor that they are competent to provide safe and enjoyable introductory sessions to a beginner group.
2. During assessment, a candidate's personal canoeing skills and First Aid may be assessed. It would be expected that a candidate would have maintained a skills level equivalent to that of the Level 3 Canoe Skills Award and where possible improved on this.

**A candidate will be expected to:**

1. Draw up a lesson plan lasting up to two hours and to organise an introductory session for a novice/basic level group on water of Grade I difficulty or in a Sheltered Tidal Area.
2. Teach any stroke, technique, or rescue applicable to flat water as outlined in the Level 1 Canoe Skills Syllabus:
3. Prepare a session plan
4. Demonstrate techniques and skills as required by the Level 3 Canoe Skills Award, if requested to do so.
5. Demonstrate an ability to carry out the following rescues efficiently and effectively: Self-Rescue, X or Assisted X-Rescue and deal with an Unconscious Casualty.
6. Demonstrate an effective method of towing an empty canoe, a canoe with a participant who has a minor injury or illness, a canoe with a participant who has a major injury or illness.
7. Present a suitable canoe correctly fitted out for instruction and with other appropriate personal equipment (See List of Equipment). It would be expected that a candidate's equipment would be of a standard consistent with the responsibilities likely to be encountered. Examination of equipment will form an important part of the overall assessment.
8. Demonstrate effective group control, group rapport, and instructional ability.
9. Demonstrate an ability to deal competently with a basic First Aid scenario which may include but is not limited to: the cause/effect/treatment of Shock, Hypothermia, EAR, and CPR.
10. Answer questions on aspects of canoeing covered during the Level I Canoe Instructor Training Course.
11. Attend an individual debrief.