

Equipment List Required for Award:

Level 1 Kayak Skills

Properly equipped kayak:

- Closed cockpit or sit-on top kayak
- Suitable buoyancy (closed cockpit kayaks)
- Suitable footrest (closed cockpit kayaks)
- Rigid end loops and/or toggles.

Personal Equipment

- Paddle
- Wet suit/ drysuit (inc. thermal wear)
- Cag (optional)
- CE approved PFD
- CE approved Helmet
- Spray deck (optional)
- Suitable footwear.