

# **Equipment List Required for Award:**

## *Level 3 Canoe Skills Award*

### **Properly equipped canoe:**

- Suitable buoyancy
- Sufficient length of painters - at least one painter that is the full length of the canoe or two painters that are at least  $\frac{3}{4}$  the length of the canoe.
- Method of securing paddles

### **Personal equipment:**

- Paddle
- ISO approved buoyancy aid (BA) with integrated harness
- ISO approved helmet
- Adequate footwear
- Wetsuit or dry pants & cag or drysuit
- Mobile phone
- Waterproof case for phone
- Tow system
- Knife
- Throw bag

### **Group equipment:**

- Group shelter
- Dry bags x2
- Spare paddle
- First aid kit