

Equipment list required for award:

Level 4 Canoe Skills

Properly equipped Canoe:

- Suitable Buoyancy
- Sufficient length of painters
- Method of securing paddles

Personal kayaking equipment:

- Paddle
- ISO approved Buoyancy Aid with integrated harness
- ISO approved Helmet
- Adequate footwear
- Wetsuit or dry pants, dry cags or dry suit, with sufficient thermal clothing

Other Equipment:

- Throw Rope
- Knife
- Mobile Phone
- Waterproof case for phone
- 4 – 5 m Open Sling
- Karabiners x 2, one screw gate, one snap gate
- Towing System
- First Aid Kit
- Whistle
- Torch
- Flask and Food
- Spare Clothes
- Bivy Bag or group shelter
- Spare Paddle
- Repair Kit which should include duct tape and multi tool (at a minimum)
- Dry Bag or other method of keeping equipment dry