

# **Equipment List Required for Award:**

## *Level 5 Kayak Skills Award*

### **A correctly equipped kayak:**

- Rigid end loops and/or toggles
- Suitable buoyancy
- Suitable footrest
- A kayak must be of sufficient volume to carry all necessary safety equipment and perform any rescue as required by the Level 5 Kayak Skills Award

### **Personal kayak equipment:**

- Paddle
- ISO approved helmet
- ISO approved buoyancy aid (BA) with integrated harness
- Spray Deck
- Adequate hard sole footwear
- Wetsuit or dry pants, dry bag or dry suit, combined with sufficient thermal clothing

### **Other equipment:**

- Throw Rope
- Knife
- Sling x 2, one open sling
- Karabiners x 5, two snap gate, three screw gates
- Prussic Loops x2
- Towing System
- First Aid Kit
- Mobile Phone & Waterproof phone case
- Whistle
- Torch
- Flask and Food
- Spare Clothes
- Bivvy Bag
- Group Shelter
- Split Paddle
- Repair Kit
- Map
- Dry Bag or other method of keeping equipment dry.

A candidate's personal and group equipment will be evaluated as part of the assessment. Candidates must present suitable personal equipment plus any additional equipment deemed to be appropriate to support other members of the group. Equipment should reflect such things as the season, the abilities of the group, and the grade of the river being undertaken. Borrowed equipment will be having too much or inappropriate equipment can nearly be as hazardous as having too little.