

# **Equipment List Required for Award:**

## *River Safety & Rescue 1*

### **Properly equipped kayak**

- Closed cockpit kayak or open canoe
- Suitable buoyancy
- Suitable footrest

### **Personal equipment**

1. Wetsuit or Drysuit (incl thermals)
2. CE approved PFD
3. CE approved Helmet
4. Cag
5. Suitable footwear (hard sole footwear preferable)
6. Throw Bag
7. Knife
8. Whistle
9. Paddle
10. Spray deck
11. Mobile phone/waterproof case