

Certification Pathway/Assessment Guidelines

Intro to SUP Skills Award

Assessment

- There is no formal assessment for the Intro to SUP Skills Award. However, a participant must be able to demonstrate the required skills in the presence of a registered Canoeing Ireland SUP Instructor before being given the award.
- All strokes must be demonstrated on both sides.
- The SUP Intro Skills Award is not a compulsory pre-requisite for any subsequent Canoeing Ireland skills awards.
- No age restriction applies to this award.
- The SUP Intro Skills Award can only be assessed by a currently registered Canoeing Ireland SUP Instructor