

Certification Pathway/Assessment Guidelines

Level 3 Canoe Instructorship Award

Applying to Attend an Assessment

Before applying to attend a Level 3 Canoe Instructor Assessment, a trainee must:

- 1. Have maintained registration as a Level 3 Canoe Instructor trainee.
- 2. Hold a Level 2 Canoe Instructor Qualification.
- 3. Hold the Canoeing Ireland Level 4 Canoe Skills Award.
- 4. Be at least 18 years of age.
- 5. Have unrestricted access to a fully equipped canoe, personal equipment and additional equipment as listed for a Level 3 Canoe Instructor Assessment
- 6. Have attended an approved Level 3 Canoe Instructor Training Course or Programme as organised by the Canoeing Ireland within the 24 months period preceding a selected assessment date.
- 7. Possess a current and Canoeing Ireland approved First Aid Certificate (REC 3, WFA 3 or equivalent)
- 8. Have completed a Sport Ireland approved Child Protection Awareness Workshop.
- 9. Completed your Garda vetting process.
- 10. Be a member of Canoeing Ireland
- 11. Returned to the Canoeing Ireland Office a completed Level 3 Canoe Instructor Logbook accompanied by all the pre -assessment requirements and a Level 3 Canoe Instructor Assessment application no later than three weeks prior to a selected assessment date.

Other logbook requirements:

- 1. Recorded in a Level 3 Canoe Instructor Logbook, following the completion of a Level 3 Canoe Instructor Training Course at least 25 hours on the river of instructional experience under the supervision of at least two registered Level 3 Canoe Instructors
- 2. Recorded as part of the 25 hours supervised instructional experience on at least three different river trips details of assisting in the preparation of a group for a Level 3 Canoe Skills Assessment. This group must consist of at least three participants.
- 3. Assist on two Level 3 Canoe Skills Assessments.
- 4. Assist on two RSR 2 Courses
- 5. Participate in three Irish Canoeing Competitions or hold a Level 3 Skills Award in another discipline.
- 6. Be recommended for assessment by a registered Level 3 Instructor.





Format of the Assessment

- 1. During a Level 3 Canoe Instructor Assessment, trainees must satisfy an assessor that they are mature, responsible, and competent to instruct, lead, and control a group on a river trip of Grade II difficulty.
- 2. During the period of a Level 3 Canoe Instructor Training Course and if necessary, at an assessment, a trainee's personal canoeing skills and First Aid may be assessed. It would be expected that a trainee would at least have maintained a skills level equivalent to that of the Level 4 Canoe Skills Award and where possible improved on this.

A candidate will be expected to:

- 1. Organise and lead an instructional session for a group of canoeists with basic and/or intermediate level skills during a river trip.
- 2. Teach any stroke, technique or rescue applicable to water up to and including Grade II difficulty as outlined in the Level 3 Canoe Skills Award demonstrate effective group control, group rapport, and instructional ability.
- 3. Demonstrate effective group control, group rapport, and instructional ability.
- 4. Demonstrate an ability to carry out the following rescues efficiently and effectively Self Rescue, X and/or Assisted -X Rescue, All-in-Rescue and Unconscious Casualty
- 5. Demonstrate an effective method of towing an empty Canoe, a canoe with a participant who has a minor injury or illness, a canoe with a participant who has a major injury or illness.
- 6. Prepare a debrief of the instructional session for an assessor.
- 7. Demonstrate all techniques and skills as required by the Level 4 Canoe Skills Award.
- 8. Demonstrate a thorough knowledge of First Aid in the canoeing environment as well as a thorough working knowledge of the cause/effect/treatment of Shock, Hypothermia, EAR, CPR and the treatment of an unconscious casualty.
- 9. Possess a suitable canoe correctly fitted out for instruction and other appropriate personal equipment (see Instructor list of equipment). It would be expected that a trainee's equipment would be of a standard consistent with the responsibilities likely to be encountered by an Instructor. Examination of equipment will form part of the overall assessment.
- 10. Answer questions either written or oral on aspects of canoeing covered during the training course.
- 11. Have recorded in a logbook all canoeing activities including details of the Level 3 Canoe Instructor Training Course. A logbook should reflect a wide range of canoe experience during the period of the Training Course. Details of canoeing activities (both kayak and/or canoe) prior to applying for the Level 3 Canoe Instructor Training Course should also be recorded.
- 12. Candidates will only be invited to attend an assessment on the satisfactory completion of all the requirements including the submission of a logbook and attendance on a complete Level 3 Canoe Instructor Training Course.



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Assessment Guidelines

- 1. A Level 3 Canoe Instructor Qualification can only be assessed by members of the Level 3 Canoe Instructor Assessor Panel
- 2. It is recommended that Instructors other than the Instructor who has run the training course leading to the assessment assess a Level 3 Canoe Instructor Qualification.
- 3. Clear guidelines should be given in writing should a candidate fail an assessment as to the areas that need to be improved on.
- 4. Candidates cannot depend on any assistance (material or practical) during an assessment.
- 5. No other award may be assessed at the same time as the Level 3 Canoe Instructor Qualification.
- 6. The candidate/assessor ratio should be a maximum of 6:2.
- 7. A Level 3 Canoe Instructor Assessment must be assessed by a minimum of two members of the Level 3 Canoe Instructor Assessor Panel.

