

Certification Pathway/Assessment Guidelines

Level 3 Kayak Instructorship Award

Applying for an Assessment

Before applying to attend a Level 3 Kayak Instructor Assessment, a candidate must:

- 1. Have Maintained your member registration as a Level 3 Kayak Instructor trainee.
- 2. Hold a Level 2 Kayak Instructor Qualification.
- 3. Hold the Canoeing Ireland Level 4 Kayak Skills Award.
- 4. Be at least 18 years of age.
- 5. Have unrestricted access to a fully equipped kayak, personal equipment and additional equipment as listed for a Level 3 Kayak Instructor Assessment.
- 6. Have attended an approved Level 3 Kayak Instructor Training Course or Programme as organised by the Canoeing Ireland within the 24 months period preceding a selected assessment date.
- 7. Possess a current and Canoeing Ireland approved First Aid Certificate (REC 3, WFA 3 or equivalent)
- 8. Have completed a Sport Ireland approved Child Protection Awareness Workshop.
- 9. Be a member of Canoeing Ireland.
- 10. Completed your Garda vetting process.
- 11. Returned to the Canoeing Ireland Office a completed Level 3 Canoe Instructor Logbook accompanied by all the pre -assessment requirements and a Level 3 Canoe Instructor Assessment application no later than three weeks prior to a selected assessment date.

Other logbook requirements:

- 1. Recorded in a Level 3 Kayak Instructor Logbook, following the completion of a Level 3 Kayak Instructor Training Course at least 25 hours on the river of instructional experience under the supervision of at least two registered Level 3 Kayak Instructors.
- 2. Recorded as part of the 25 hours supervised instructional experience on at least three different river trips details of assisting in the preparation of a group for a Level 3 Kayak Skills Assessment. This group must consist of at least three participants.
- 3. Assist on two Level 3 Kayak Skills Assessments.
- 4. Assist on two RSR 2 Courses
- 5. Participate in three Irish Canoeing Competitions or hold a Level 3 Skills Award in another discipline.
- 6. Be recommended for assessment by a registered Level 3 Instructor.





Format of the Assessment

- 1. During the Level 3 Kayak Instructor Assessment candidates must satisfy the assessors that they are mature, responsible, and competent to instruct, lead and control a group on water of Grade II difficulty. In addition to teaching and personal kayaking ability, candidates must also demonstrate that they are sufficiently mature and responsible to manage a group.
- 2. During the period of the Level 3 Kayak Instructor Assessment personal kayaking skills and application of first aid may be assessed. It would be expected that a candidate would at least have maintained a skills level equivalent to that of the Level 4 Kayak Skills and where possible improved on this.

A candidate will be expected to:

- 1. Organise and lead an instructional session for beginners or intermediates over the course of a river trip.
- 2. Teach any stroke, technique or rescue applicable to water up to and including Grade II difficulty as outlined in the Level 3 Kayak Skills Award demonstrate effective group control, group rapport, and instructional ability.
- 3. Prepare a self-appraisal of the lesson plan water session for the Assessor.
- 4. Demonstrate techniques and skills as required by the Level 4 Kayak Skills Award if requested to do so.
- 5. Demonstrate an ability to carry out the following rescues efficiently and effectively Self Rescue, X and/or Assisted-X Rescue, All-in-Rescue, Unconscious Casualty, and Eskimo Rescue
- 6. Demonstrate an ability to roll competently in moving water without any prior setup.
- 7. Demonstrate an effective method of towing an empty kayak, a kayak with a participant who has a minor injury or illness and a kayak with a participant who has a major injury or illness.
- 8. Present a suitable kayak correctly fitted out for instruction along with other appropriate personal equipment (See Level 3 Kayak Instructor List of Equipment). It would be expected that a candidate's equipment would be of a standard consistent with the responsibilities likely to be encountered by a Level 3 Kayak Instructor. Examination of equipment will form part of the overall assessment.
- 9. Demonstrate effective group control, group rapport and instructional ability.
- 10. Demonstrate a thorough knowledge of First Aid in the canoeing environment as well as a thorough working knowledge of the cause, effect and treatment of Shock, Hypothermia, EAR, CPR, and the treatment of an unconscious casualty.
- 11. Answer questions on aspects of canoeing covered during a Level 3 Kayak Instructor Training Course
- 12. Attend an interview at which a self-appraisal is presented.





Assessment Guidelines

- 1. It is recommended that Instructors other than the Instructor who has run the training course leading to the assessment assess a Level 3 Kayak Instructor Qualification. Notwithstanding this, a Level 3 Kayak Instructor Qualification can only be assessed by members of the Level 3 Kayak Instructor Assessor Panel
- 2. Clear guidelines should be given in writing should a candidate fail an assessment as to the areas that need to be improved on.
- 3. Candidates cannot depend on any assistance (material or practical) during an assessment.
- 4. No other award may be assessed at the same time as the Level 3 Kayak Instructor Qualification.
- 5. The candidate/assessor ratio should be a maximum of 6:2
- 6. A Level 3 Kayak Instructor Assessment must be assessed by a minimum of two members of the Level 3 Kayak Instructor Assessor Panel.