

# Certification Pathway/Assessment Guidelines

## *Level 2 Canoe Instructorship Award*

### **Applying to Attend an Assessment.**

Before applying to attend a Level 2 Canoe Instructor Assessment, a candidate must:

1. Have maintained registration as a Level 2 Canoe Instructor Trainee.
2. Hold the Level 3 Canoe Skills Certificate.
3. Be at least 18 years of age.
4. Have unrestricted access to a fully equipped canoe, personal equipment, and additional equipment as listed for a Level 2 Canoe Instructor assessment.
5. Have attended an approved Level 2 Canoe Instructor Training Course or Programme within the 24 months preceding a selected assessment date.
6. Completed your Garda vetting process.
7. Completed an approved First Aid training Course (REC 2 or equivalent).
8. Attended a Sport Ireland approved Child Protection Awareness Workshop.
9. Be a member of Canoeing Ireland.
10. Submit a completed Level 2 Canoe Instructor Logbook accompanied by a Level 2 Canoe Instructor Assessment application to a registered Canoeing Ireland Instructor Assessor at least 2 weeks prior to a selected assessment date.

### **Other logbook requirements:**

1. At least 30 hours (on the water) of instructional experience and trip leading experience under the supervision of at least two registered Canoeing Ireland Instructors.
  - a) 10 of these hours must be under the supervision of a Level 3 Canoe Instructor, the remaining hours can be logged under the supervision of a Level 2 Canoe Instructor.
2. Have recorded in a Level 2 Canoe Instructor Logbook as part of the above logged hours details of assisting in the preparation of a group for a Level 2 Canoe Skills Assessment. The group must consist of at least three participants.
3. Assist on two Level 2 Canoe Skills assessments
4. Be recommended for assessment by a registered Canoeing Ireland Level 3 Instructor.

## **Format of the Assessment**

1. During a Level 2 Canoe Instructor Assessment, candidates must satisfy an assessor that they are competent bring a group on a journey and to instruct on water of Grade I difficulty. As well as teaching and personal canoeing ability, candidates must also demonstrate that they are mature and responsible to manage a group.
2. During assessment, a candidate's personal canoeing skills and First Aid may be assessed. It would be expected that a candidate would have maintained a skills level equivalent to that of the Level 3 Canoe Skills Award and where possible improved on this.

### **A candidate will be expected to:**

1. Draw up a lesson plan lasting up to three hours and to organise an instructional session for a novice/basic level group on flat water.
2. Plan and take the group on a significant journey of at least 2km.
3. Teach any stroke, technique, or rescue applicable to flat water as outlined in the Level 2 Canoe Skills Award. Also teach any Knots on Level 2 Canoe Skills Award.
4. Prepare a self-appraisal of the water session.
5. Demonstrate all techniques and skills as required by the Level 3 Canoe Skills Award, if requested to do so.
6. Demonstrate an ability to carry out the following rescues efficiently and effectively: self-rescue, X Rescue, Assisted X-Rescue. All rescues may be required to be demonstrated both as a rescuer and rescuee.
7. Demonstrate an effective method of towing an empty canoe, a canoe with a participant who has a minor injury or illness, a canoe with a participant who has a major injury or illness.
8. Present a suitable canoe correctly fitted out for instruction and with other appropriate personal equipment (See Level 2 Canoe Instructor List of Equipment). It would be expected that a candidate's equipment would be of a standard consistent with the responsibilities likely to be encountered by a Level 2 Canoe Instructor. Examination of equipment will form an important part of the overall assessment.
9. Demonstrate effective group control, group rapport, and instructional ability.
10. Demonstrate a thorough knowledge of basic First Aid as well as a thorough working knowledge of the cause/effect/treatment of Shock, Hypothermia, EAR and CPR.
11. Answer questions on aspects of canoeing covered during the Level 2 Canoe Instructor Training Course.
12. Attend an interview, where the candidate will present their self-appraisal.

### **Assessment Guidelines**

1. The Level 2 Canoe Skills Award can only be assessed by a currently registered Canoeing Ireland Instructor who is, at minimum, a Level 2 Canoe Instructor.
2. The assessment may be carried out with a maximum of six candidates to one assessor for Level 2 Canoe Instructors or eight candidates to one assessor for Level 3 Canoe Instructors.
3. All required assessment rescues should be kept until the end of an assessment.
4. The assessment where practical should follow the pattern of a normal session including some aspect of journeying. Theory, skills, and techniques should be carried out and assessed in the context of the session. Tasks and games should be used where possible to ascertain skill level.
5. Generally, guidelines will be given, should a candidate fail an assessment as to the areas that they need to improve on.