

Format of the Assessment: Level 3 Paddlesurf Instructorship

1. During the Level 3 Paddlesurf Instructor Assessment candidates must satisfy the assessors that they are mature, responsible and competent to instruct, lead and control a group in small surf. In addition to teaching and personal kayaking ability, candidates must also demonstrate that they are sufficiently mature and responsible to manage a group.
2. During the period of the Level 3 Paddlesurf Instructor Assessment personal kayaking skills and application of first aid may be assessed. It would be expected that a candidate would at least have maintained a skills level equivalent to that of the Level 4 Paddlesurf and where possible improved on this.

As part of the Level 3 Paddlesurf Instructor Assessment, a candidate will be expected to:

1. Organise and lead an instructional session for beginners or intermediates.
2. Teach any stroke, technique or rescue applicable to small surf as outlined in the Level 3 Paddlesurf Skills Award.
3. Demonstrate effective group control, group rapport, and instructional ability.
4. Prepare a self-appraisal of the lesson plan water session for the Assessor.
5. Demonstrate techniques and skills as required by the Level 4 Paddlesurf Skills Award if requested to do so.
6. Demonstrate an ability to carry out the following rescues efficiently and effectively Self Rescue, X and/or Assisted-X Rescue, All-in-Rescue, Unconscious Casualty, and Eskimo Rescue.
7. Demonstrate an ability to roll competently in moving water without any prior set-up.
8. Demonstrate an effective method of towing an empty kayak, a kayak with a participant who has a minor injury or illness and a kayak with a participant who has a major injury or illness.
9. Present a suitable surfkayak or wave ski correctly fitted out for instruction along with other appropriate personal equipment (See List of Equipment below). It would be expected that a candidate's equipment would be of a standard consistent with the responsibilities likely to be encountered by a Level 3 Paddlesurf Instructor. Examination of equipment will form part of the overall assessment.
10. Demonstrate a thorough knowledge of First Aid in the canoeing environment as well as a thorough working knowledge of the cause, effect and treatment of Shock, Hypothermia, EAR, CPR and the treatment of an unconscious casualty.
11. Answer questions on aspects of canoeing covered during a Level 3 Paddlesurf Instructor Training Course.
12. Attend an interview at which a self-appraisal is presented.