Equipment List required for award:

Level 3 Sea Kayak Instructorship Award

A properly equipped kayak:

- Rigid end loops and/or toggles
- Deck lines front and back
- Method of securing paddles
- Watertight bulkheads and additional airbags where appropriate
- Suitable footrest
- A sea kayak must be of sufficient volume to carry all necessary safety equipment and perform any rescue as required by the Level 3 Sea Kayak Instructor qualification.

Personal equipment:

- Paddle
- ISO approved helmet
- ISO approved buoyancy aid (BA)
- Spray Deck
- Adequate hard sole footwear
- Wetsuit or dry pants, dry cag or dry suit, combined with sufficient thermal clothing

Other equipment:

- Towing System specific to the needs of sea kayaking
- Mobile phone
- Waterproof phone case
- Spare Clothes
- Repair Kit (For repairs to both fibreglass and plastic kayaks)
- Split Paddle
- Waterproof Bag or other method of keeping equipment dry
- Knife
- Bivvy Bag/Group Shelter
- Whistle
- Torch
- Flask and Food

© Canoeing Ireland 2025

- Sea Charts (or copies)
- 1:50,000 Map of area
- Watch
- Compass
- Emergency food/drink
- Pump or Sponge
- Flares (one red parachute flare and one red pinpoint flare)
- VHF
- First Aid Kit

Recommended first aid contents:

- Rubber gloves
- Paramedical shears
- Vent aid or resuscitation barrier device
- Notebook and pencil
- Waterproof container (to keep supplies dry)
- Roller bandages (assorted 3´sizes)
- 3´Wound dressings (assorted sizes)
- Triangular 3´bandages
- Roll of first aid tape
- Assorted plasters
- Safety pins
- Tweezers
- Foil blanket or emergency blanket
- Sam splint
- Penlight or snap light

© Canoeing Ireland 2025