EQUIPMENT LIST
CANOEING IRELAND SEA KAYAKING SKILLS AWARDS

This list is meant as a guide only and emergency equipment should be chosen based on the location, exposure, time of year, type of activity and personal preference.

WHEN CHOOSING EQUIPMENT TO BRING ALWAYS SEEK TO ANSWER THESE 6 QUESTIONS.

1. CAN I OR THE GROUP FIX A BROKEN BOAT?
2. CAN I OR THE GROUP PROVIDE ALTERNATIVE MEANS OF PROPULSION?
3. CAN I OR THE GROUP TREAT A PERSON FOR HYPOTHERMIA?
4. CAN I OR THE GROUP DEAL WITH AN INJURED PADDLER?
5. CAN I OR THE GROUP PROVIDE SPARE FOOD AND DRINK?
6. CAN I OR THE GROUP CONTACT THE EMERGENCY SERVICES?

SUGGESTED LOCATION: ON PERSON	SK LEVEL 1 DISCOVERY AWARD	SK LEVEL 2 PEER AWARD	SK LEVEL 3 EXPLORER AWARD	SK LEVEL 4 ADVENTURE AWARD	SK LEVEL 5 HORIZON AWARD
KNIFE					
TOW LINE					
WHISTLE					
SNACKS/FLUIDS					
STROBE LIGHT					
PLB					
COMMUNICATION (VHF & PHONE)					
WATERPROOF WATCH					
SUNSCREEN/LIP BALM					
HELMET					
SUNGLASSES/HAT					
POGIES/MITTS/ GLOVES					
CLING FILM (FIRST AID)					
WATERPROOF NOTEBOOK AND PENCIL					
BIVVI BAG – CAN ALSO BE IN DAY HATCH					
HILLWALKING COMPASS					

SUGGESTED LOCATION: ON DECK	SK LEVEL 1 DISCOVERY AWARD	SK LEVEL 2 PEER AWARD	SK LEVEL 3 EXPLORER AWARD	SK LEVEL 4 ADVENTURE AWARD	SK LEVEL 5 HORIZON AWARD
CHART/MAP IN WATERPROOF CASE					
SPARE PADDLE					
CONTACT TOW					
TOOL FOR CLEARING SKEG BOX					
STEERING COMPASS					
WATER BOTTLE/ BLADDER (May be stored elsewhere)					
PUMP					

SUGGESTED LOCATION: IN BOAT	SK LEVEL 1 DISCOVERY AWARD	SK LEVEL 2 PEER AWARD	SK LEVEL 3 EXPLORER AWARD	SK LEVEL 4 ADVENTURE AWARD	SK LEVEL 5 HORIZON AWARD
FIRST AID KIT (See below)					
REPAIR KIT					
PADDLE FLOAT					
GRAB BAG (See below)					
TARPAULIN AND STRING/LINE					
SPARE HATCH COVERS					
TOILET PAPER					
HATS & GLOVES					
SPARE CLOTHING					
FLASK/HOT DRINK					
GROUP SHELTER (KISU)					
EMERGENCY FOOD AND DRINK					
RUBBISH BAG(S)					
CARRY BAGS (Ikea type)					
DRY BAGS FOR ABOVE EQUIPMENT					

PERSONAL KAYAKING EQUIPMENT:

- Paddle
- ISO approved kayaking PFD
- ISO approved kayaking helmet
- Adequate footwear
- Wetsuit, drysuit, cag/dry pants
- Spraydeck

RECOMMENDED FIRST AID KIT CONTENTS:

- Rubber gloves
- Paramedical shears
- Vent aid or resuscitation barrier device
- Notebook and pencil
- Waterproof container (to keep supplies dry)
- Roller bandages (assorted 3 sizes)
- 3 wound dressings (assorted sizes)
- 3 triangular bandages
- Roll of first aid tape
- Assorted plasters
- Safety pins
- Tweezers
- Foil blanket or emergency blanket
- Sam splint
- Penlight or snap light

REPAIR KIT CONTENTS:

- Spare footrest nuts
- Cable ties
- Para-cord
- Shock cord
- Duct tape
- Tar tape or similar
- Surf wax (to seal a holed plastic boat)
- Epoxy repair for composite boats
- Multi-tool

GRAB BAG CONTENTS:

- Flint
- Tinder
- Knife
- Head torch
- Spare thermals
- Reflective blanket